

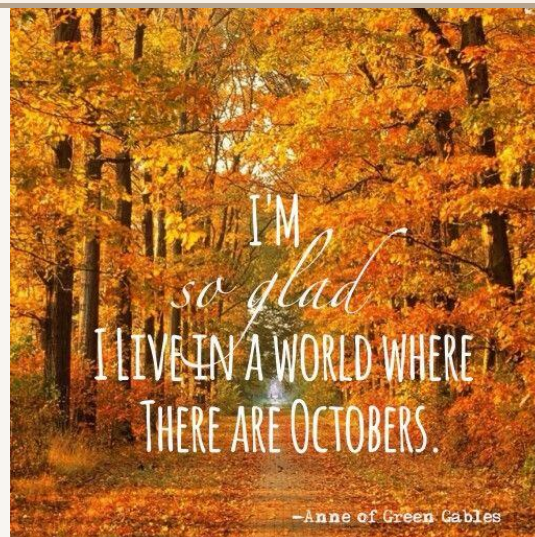
# *Grapevine*

October 2021

Volume 73 No. 2

## **Sudbury Garden Club**

*Gardening and Gathering Together!*



## **OCTOBER GENERAL MEETING**



**Wednesday, October 13, 9:30 – 11:30 am**  
**Memorial Congregational Church**

**Permaculture 101**  
Presented by Dr. Kaat vander Straeten

Permaculture is a set of principles and practices guided by the most successful and abundant system of all, Nature! It combines science, indigenous wisdom, living systems thinking, deep observation of place and thoughtful practice to meet human needs while regenerating the greater ecosystems in which those needs are nested. We will explore how basic permaculture principles can guide us as we design and nurture our gardens to meet our needs for food, health, fuel, shelter, energy, fun, community and culture. This talk will combine some theory, lots of practical examples, and plenty of resource materials to take home and put into practice.

Dr. Kaat vander Straeten is a Certified Permaculture Designer and teaches *Life in the Soil* classes at Sowing Solutions Permaculture Design in Western, MA. She is a local, regional and national climate activist, and at all these levels she applies permaculture principles, living systems thinking, regenerative design and scale linking. She does the same in her extensive, edible vegetable and perennial gardens, in her mushroom yard and bee yard, and in the barn where she often lectures to chickens, ducks and rabbits.

**Please note:** Per the decision of the Board and MCC, and in keeping with the Covid protocols, no refreshments will be served at the General Meeting to be held on October 13th. We are asking that no food be brought in, but Members may bring a covered container of liquid (hot or cold) to drink during the meeting. Masks shall be worn at all other times. The room has air purifiers.

## Silver Plate



The silver plate committee will begin collecting checks and gift cards for Thanksgiving and the upcoming holidays at our October meeting. Checks (made payable to SGC with Silver Plate written in the notes) or Gift Cards could also be sent or dropped off at Sara Salomon's house, 4 Middle Road.

Thank you in advance for your generosity.

## BOARD MEETING

**Wednesday, October 27 at 9:00 am**

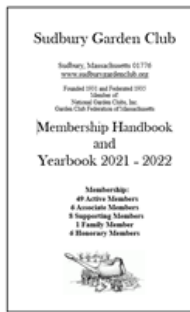
Board Meetings are held on the fourth Wednesday of the month and all are welcome!

- **Date:** Wednesday, October 27
- **Time:** 9:00 am
- **Location:** TBD



# CLUB NEWS AND UPDATES

## Yearbook



The complete yearbook has been posted on the **Members Only** section of the website. If you have forgotten the password, contact **Kaffee**. Please make sure to check out the yearbook, to see when you are down for library flowers, hospitality and what committee or committees you signed up for

A smaller printed version is available for all members and if you weren't able to attend the September meeting contact **Ann** to make arrangements to pick up your copy.

## Gathering of the Green Thumbs Lunch Date

- **Date:** Friday, October 1
- **Time:** Noon
- **Location:** Outdoor table at Welly's, 23 Main Street, Hudson
- **RSVP:** Marilyn Hodges - 617-548-7080 by **noon on Thursday, September 30**



## Library Flowers



- October 4 - Marilyn Ellsworth
- October 12 - Marilyn Hodges
- October 18 - Helen Crary
- October 25 - Janelle Landrigan

Please remember to pick up your container when your week is up. Thank you! If you need to reschedule your date for providing flowers please find someone to trade with you and let **Bonnie Parri**, the Library Chair know.

Please also send a picture of your display to Heather Halsey at **halsey@mac.com**. The pictures will be added to our website! However and wherever you want to take the picture is fine, either at home, or at the library.

## Civic Beautification

Please join us to Beautify Sudbury on:

**Wednesday, October 6  
at Heritage Park from 9:30 – 11:30**

We have been having a nice time working together this Fall and hope all Committee Members can come! Please bring your trowels, shovels, gloves and a snack and drink.



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## DIGS

### Let the Fun Begin!

We are scheduling Digs and hope everyone is thinking about how they can contribute to the Plant Sale next year. Plants that bloom during the spring and summer can be divided at this time of year easily.



Pots will be available in the shed at Hosmer House if you can dig and pot yourself. Do not put leaves in the bottom of your pots this time of year as water will not drain out and the roots may rot over such a long time.

Please contact Patti if you would like helpers. She has had many offers already and we thank those who are in the queue.

**A schedule will be coming out next week.**

We hope everyone will participate in helping get plants potted this Fall. If you have any questions, please contact Patti at: [pattigoforit@yahoo.com](mailto:pattigoforit@yahoo.com)

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## No Food for the October Meeting



This would have been our October Hospitality Committee, and we are sure your food would have been amazing!

Barbara Baumgardner, Coordinator,  
Christine Angoff, Joanne Bennett, Maureen Maas,  
Tara McElroy, Connie Sanchez Morillo and  
Carol Shpanka.

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## Color Me Floral Workshop

- **Reminder:** *Color Me Floral Workshop*
- **Date:** October 20, 2021
- **Time:** 10 AM
- **Cost:** \$45.00 which includes flowers and container
- **What you need:** You, cutting tool, and a mask
- **Signup [here](#).**



The deadline for signing up for the first Color Me Floral Workshop is **Tuesday, October 12, 2021!**

Juju Lem Pang  
[jujudi054@aol.com](mailto:jujudi054@aol.com)

## Gathering of the Green Thumbs Dinner Date

- **Date:** Wednesday, October 20
- **Time:** 6:00 pm
- **Location:** Oak Barrel Tavern, 528A Boston Post Road
- **RSVP:** Pat Drobinski, 978-621-8888 by Tuesday afternoon, 19th



## GCFM NEWS

### GCFM Flower Show, Tower Hill.

Displays from Central North and Central South Districts. Spirits of the Season. Bog building workshops are available to attend. Floral displays, horticulture. Standard Flower Show.



October 28, 12:30-5:00  
October 29, 10:00-5:00  
October 30, 10:00-5:00  
October 31, 10:00-4:00

Go to Tower Hill website, under calendar, click on **GCFM**, click "**here**" and reserve entry times on line to attend the show. I'm available to attend if anyone is interested, contact me.

Lynn Noland  
Central North District Director, GCFM

## BIRDIE BITS



**GOOD** for birds and wildlife.



**NOT GOOD** for birds and wildlife!!

### **Messy yards are beneficial for birds and wildlife**

Every morning when I walk Madeline to the end of the driveway and back, I notice more leaves have fallen, and Maddie finds one acorn that she tosses around the entire way. I often step on one in my bare feet in the house. OUCH!!

Looking at the leaves, I am not looking forward to raking, but according to the Audubon Society, a messy lawn is better for the birds and bugs. “Messy is definitely good to provide food and shelter for birds during the cold winter months,” says Tod Winston, Audubon manager for plants for birds.

When fall arrives, leave the seed heads of native wildflowers that provide a helpful cache for birds. Leaving other dead plants fill your property with protein packed bird snacks in the form of insect larvae such as fly and wasp larvae the inhabit goldenrod galls.

You can help the birds and other wildlife by skipping the leaf raking. The leaves are important because they rot and enrich the soil and also provide places for bugs and birds to forage for food. Leaf litter is a habitat for a variety of critters such as salamanders, snails, worms and toads. When digging, you might notice moth pupae and left in undisturbed soil, they provide a crucial food source for birds.

Building a brush pile with the branches that fall during the storms shelter birds from lousy weather and predators. American Tree Sparrows, Black-capped Chickadees, and other wintering birds will appreciate the protection from the elements. Rabbits, snakes, and other wildlife will also take refuge there.

So this fall, save your back, and let the leaves fall where they may.

Just for your information. We have all noticed the price of food increasing, and because of the severe drought in the West and Great Plains, the price of bird seed will be increasing and certain seeds such as sunflower seeds will be hard to come by. Only 1% of the crop in North Dakota is in excellent condition. Combined with other factors like high shipping costs and the rising demand of birding grows in popularity, persistent drought could force households to reassess their bird-feeding budgets.

Respectfully submitted,  
Marilyn Ellsworth and Karen Cohen

## BULB INFORMATION

### Bulbs for Sale

The Thursday Garden Club of Sudbury is offering King Alfred Daffodil bulbs and Parade Tulip bulbs for sale on Eventbrite or by contacting Marcia Higgins at [linderhof176@aol.com](mailto:linderhof176@aol.com). On the main page of Eventbrite, type in daffodil on the main page for the site to appear. Bulbs are packaged in bags of either daffodils or tulips as 12 bulbs for 15 dollars. Pick up of bulbs will be at LS High School on October 2 and 3 10am to 2pm. All orders must be placed by the morning of **October 2**.



### Winter Bulbs Do's and Don'ts from LS Adult Education

#### Thursday, October 7, 7:00-8:00 PM

Nothing is more satisfying than planting dormant brown bulbs in fall and seeing them emerge in spring with fresh green shoots and glowing flowers. In this one night class you will learn about the various varieties of bulbs and all the details to grow a successful garden. You will plant and take home a pot of mini-daffodils to store away for 8 weeks and then grow indoors! In addition, you will go home with a variety of bulbs to plant in your garden. \$20 materials fee payable to the instructor.

**Nat Arena** has a degree in Plant & Soli Science from the University of New Hampshire. He was the manager of Arena Farms in Concord for over 40 years. Sign up [here](#).

## PUT THIS ON YOUR CALENDAR!

NOVEMBER 2021 GRAPEVINE  
DEADLINE FOR ARTICLES  
WEDNESDAY, OCTOBER 27



## Editor

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